

15 minutes

to your best self



GOT 12 MINUTES?

Keep dates with friends

IF YOUR CROWD IS TIME-CRUNCHED Hold court at a fly-by happy hour. "A come-and-go policy makes people unlikely to flake," says David Tutera, host of the Discovery Home Channel's *The Party Planner With David Tutera*.

IF YOU'RE MULTITASKERS Try tapping a shared interest. "Foolproof scheduling requires matching people to plans," says Paul Wilmot, a publicist and event guru in New York City. Buy a series of theater tickets for a steady date.

IF YOU'RE SOCIAL BUTTERFLIES Assemble for late-night noshes and drinks in the bar area of a hard-to-book restaurant. The wow factor will keep pals committed! —Sara Reistad-Long

GOT 2 MINUTES?

Go for a spin!

Gather the gang, check your ego at the door and try something new. We suggest the eight-wheeled limbo, since it's National Roller Skating Month!

QUICK TIP
Find a mutually free night without flinging countless e-mail messages. Use CircleUp.com to poll your posse.

GOT 1 MINUTE?

Cope with a chronic canceler

People often bail after halfheartedly accepting an invite, according to Cindy Post Senning, director of the Emily Post Institute in Burlington, Vermont. To give pals an out, try, "Tell me if this doesn't work for you."